

# KRATOM

## WHAT YOU SHOULD KNOW



Prevention Alliance  
— OF TENNESSEE —

# 1

Kratom is a tropical tree native to Southeast Asia.

# 2

While kratom use or sale has been banned or restricted in several countries, kratom products are currently legal and accessible online and in stores in many areas of the United States. (NIH)

# 3

Use can lead to psychotic symptoms, and psychological and physiological dependence.

# 4

Consumption produces both stimulant effects (in low doses) and sedative effects (in high doses).

# 5

Visit [tncoalitions.org](http://tncoalitions.org) for more information